



2.3.1

MODULE 2. Anticipation for Emergence
Training session 3.1 Identity Work. Futures Triangle

Identity Work

Session #1 Futures Triangle

Hanze University

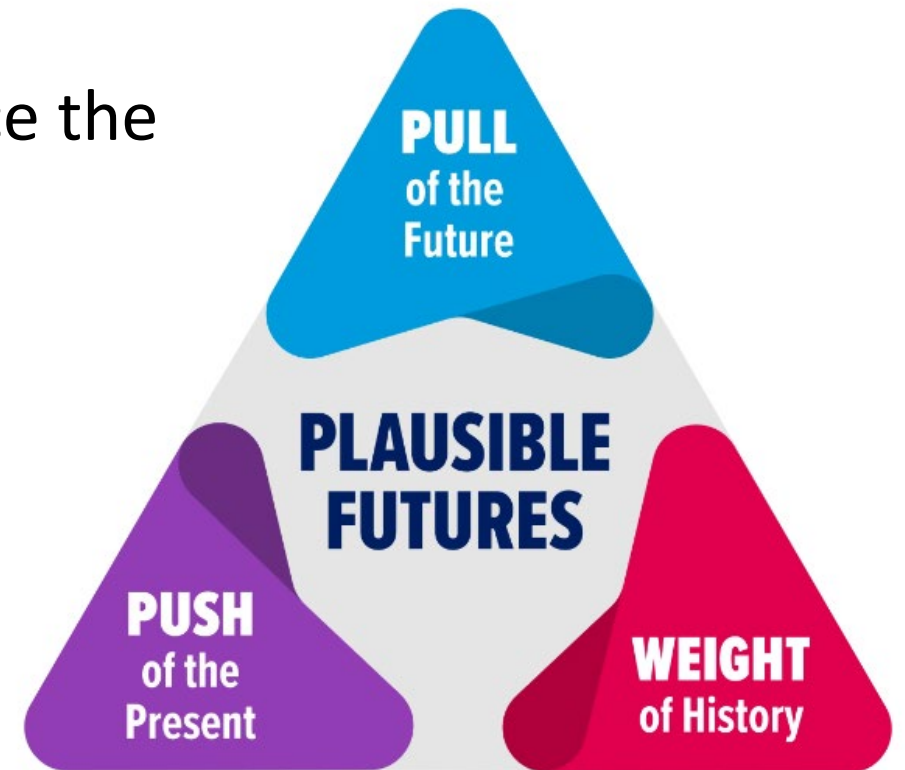


Identity Work #1 *Futures Triangle*

In this workshop of 1,5 hour you will experience the **Futures Triangle** to explore

- Pull of the Future
- Push of the Present
- Weight of History

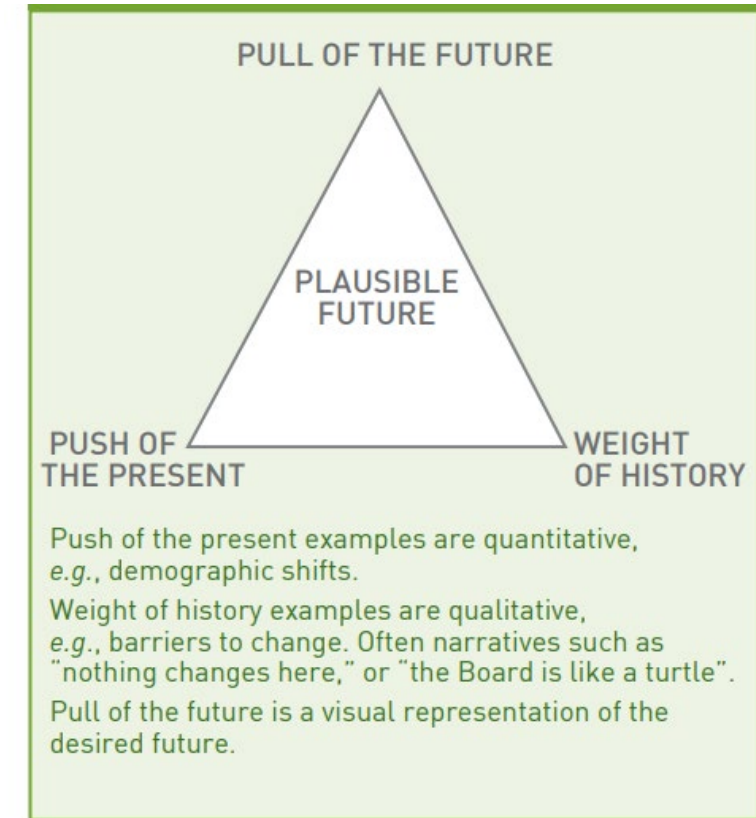
and discover your **Plausible Futures**



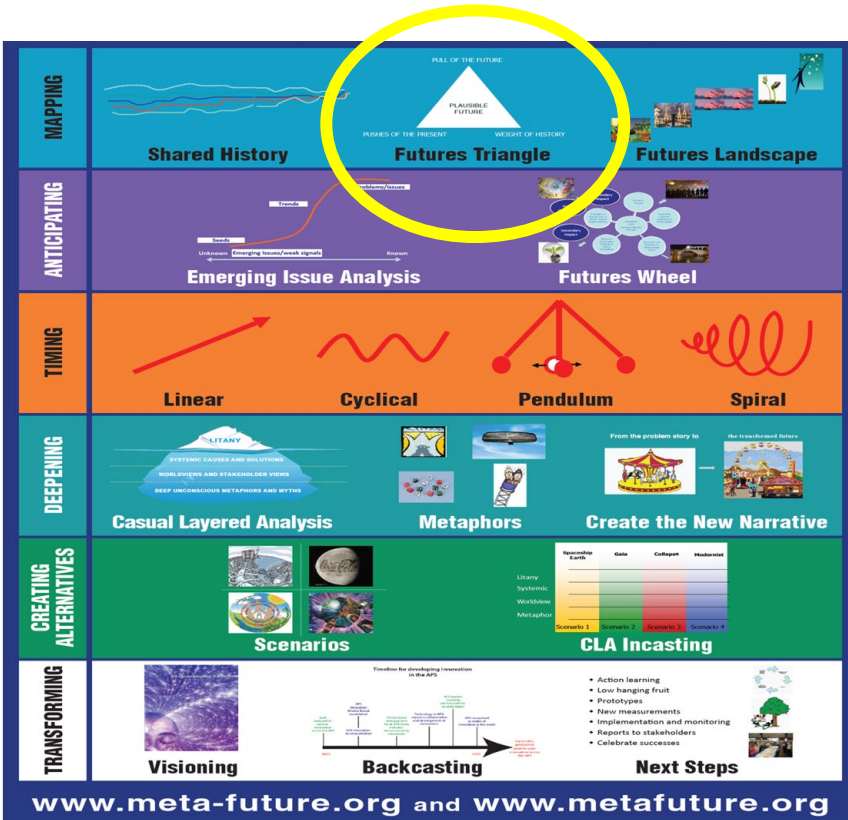
[Source: Futures Thinking Now: Drivers of Change and Futures Triangle - KnowledgeWorks](#)

Futures Triangle ([Inayatullah, 2008](#))

- is a tool for mapping the future - one of the [Six Pillars](#) in futures thinking
- can be used to map both external reality as well as inner worlds- in this workshop we focus on the latter



Source: [Inayatullah, 2017 fig. 2 on p.6 - Prospective and Strategic Foresight Toolbox \(futuribles.com\)](#)



Source: "Six Pillars" Model Summarised - Metafuture: Futures Studies by Sohail Inayatullah and Ivana Milojević

Option #1 In Groups

Form small groups and gather around a table

Draw an empty triangle on a large flap

Have a dialogue in which you take:

- 20 minutes for each corner
- 10 minutes for the middle



PULL of the Future

What futures do we consider possible
probable and preferable?

What is pulling use towards the
future of?

What are the compelling resp.
competing images of this future?

What trends and dominant narratives are pushing us towards particular futures?

What quantitative drivers and trends are influencing these futures?

PUSH
of the
Present

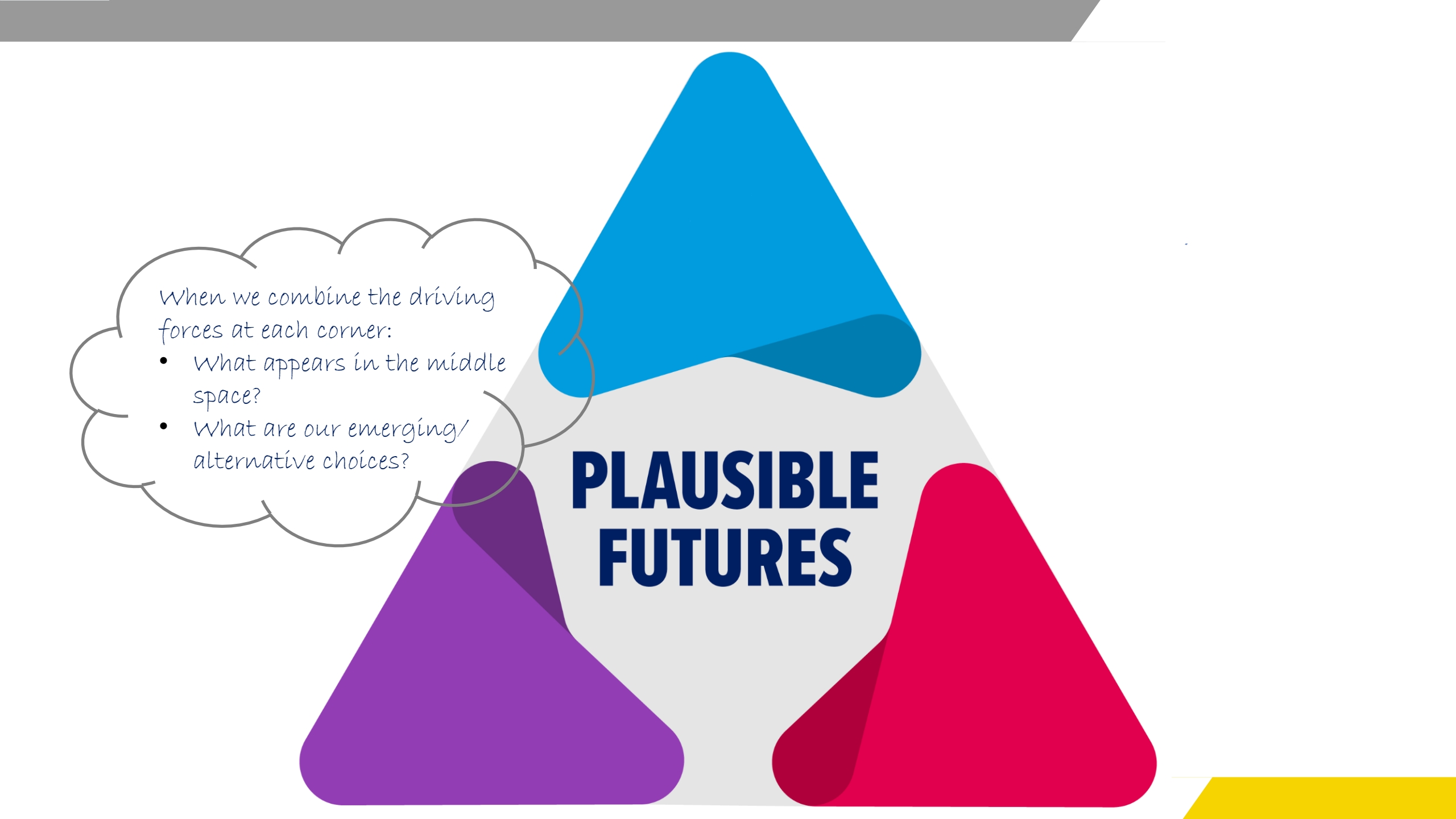


WEIGHT
of History

What is holding us back, or is getting in our way?

What are our barriers to change?

What are our deeper beliefs, worldviews or myths that resist change?



When we combine the driving forces at each corner:

- What appears in the middle space?
- What are our emerging/ alternative choices?

PLAUSIBLE FUTURES

Option #2 Individual

Draw an empty triangle on a large piece of paper

Reflect on each question and take notes of your answers in the corresponding part of the triangle

Keep track of time:

- 20 minutes for each corner
- 10 minutes for the middle





PULL
of the
Future

Crystal Ball - Which 'dot on the horizon' are you addressing?
What moment in the future is this about?

Fairy tale - If every thing turns out perfectly, what would the future look like?
What do you truly hope to achieve?

Bad dream - If things wouldn't work out at all, what would the future look like?
What do you want to avoid, what do you fear?

Question - What makes your question relevant and important enough to think about right now?

Hurdle - What makes it difficult to answer this question or take this decision about the future, to take steps or to tie the knot?

Fruits - What expectations do you have about the situation in the future? What will it mean to you if you make the right decision?



PUSH
of the
Present



Roots - What characterizes you? What type of person are you, what values do you hold dear?

Habits - How do you relate to uncertainty and change?

Wisdom - What can you learn from failed or successful decisions in your past?

WEIGHT
of History

When you combine the driving forces at each corner:

- Which plausible future(s) appear in the middle space?
- What are your emerging/alternative choices to help you towards this future?



**PLAUSIBLE
FUTURES**

Checkout

Reflect on these sentences and share your reflections in your group



thank you for **your** attention